

Meeting with a Spiritual Director

Spiritual Directors have had special training in caring for the spiritual life.

Both the director and you want the sessions to be supportive and beneficial.

So, it may take more than one "try" to find the right director for you.

Meetings are confidential and usually held once a month for an hour.

Some may request a fee or receive your free-will donation. Others offer their time "gratis".

List of Spiritual Directors

Paula Baldwin - Kihei 808 879-6843
baldwinp808@gmail.com cell: 650
678 0098 Episcopal

Fr. James Allen Delong - Kaimuki
808-255-7814 jdelong123@aol.com
Catholic

Rev. Dr. Phyllis Ann Meighen - Lihue
808-647-4346
phyllismeighen@gmail.com
Episcopal/United Church of Christ

Bro. John Campbell, S.M. - Kaimuki
739-8520 jhpcsm@gmail.com
Catholic

Jenny Wallace - 808 393-1419
jennywallace02@gmail.com
Anglican/Episcopal

June Naughton - Honolulu 524 2718
jnaughton808@gmail.com Catholic

Maxine Pollock - Kailua 254-1091
maxine.pollock2@hawaiiantel.net
Catholic

Steve Sturm - Waialua 551-1082
paracleteprojects@juno.com Christian

Rev. Moki Hino - Hilo 808-756-1053
mokionthego@gmail.com Episcopal

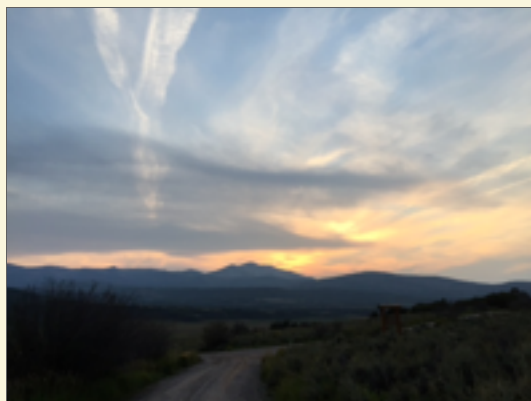
(See sdiworld.org for additional names.)

Spiritual Direction in Hawai'i

Becoming More
Alive to Love
in
God's Abiding
Presence

Spiritual Direction is for any person:

- Embarked on a Spiritual Journey
- Longing to grow closer to God.
- Wanting to live more fully in peace and compassion



We become more aware of God's Presence when we:

Reflect deeply on the events of daily life.



Practice seeing God's Spirit every day and everywhere.



Focus on becoming aware of God's gifts and grace.

Why Spiritual Direction?

To live our spirituality with integrity.

To better discern choices in our life.

To trust more in our own experiences with God.

